



| # | Name | WK | Ort | Zeit | Platz | -WK |
|------|----------------------|-----|--------------------|-----------|-------|-----|
| 448 | Feierabend, Björn | M30 | Braunfels | 2:51:52,3 | 7 | 1 |
| 623 | Glaßner, Tobias | M30 | Friedrichsdorf | 3:04:05,0 | 27 | 2 |
| 988 | Bietz, Fabian | M30 | Herborn | 3:07:51,1 | 40 | 3 |
| 70 | Marksteiner, Sven | M30 | Limburg/Lahn | 3:14:08,3 | 64 | 4 |
| 230 | Pfleger, René | M30 | Königstein | 3:19:22,8 | 87 | 5 |
| 216 | Sattler, Ingolf | M30 | Merenberg | 3:21:52,1 | 99 | 6 |
| 91 | Steimle, Peter | M30 | Frankfurt | 3:22:31,8 | 102 | 7 |
| 60 | Crecelius, Thorsten | M30 | Grävenwiesbach | 3:23:55,5 | 107 | 8 |
| 741 | Versch, Christian | M30 | Bessenbach | 3:24:23,6 | 110 | 9 |
| 852 | Luft, Mike | M30 | Bad Orb | 3:24:35,8 | 113 | 10 |
| 340 | Siegler, Daniel | M30 | Frankfurt am Main | 3:25:57,5 | 119 | 11 |
| 294 | Keller, Jens | M30 | Wetzlar | 3:26:08,3 | 121 | 12 |
| 613 | Bamberger, Martin | M30 | Lahntal | 3:26:30,7 | 125 | 13 |
| 985 | Hoffmann, Michael | M30 | Ehringshausen | 3:27:40,0 | 140 | 14 |
| 168 | Ewald, Alexander | M30 | Selters-Eisenbach | 3:32:28,7 | 176 | 15 |
| 536 | Tannert, Frank | M30 | Limburg | 3:34:41,6 | 196 | 16 |
| 282 | Sorg, René | M30 | Weilrod | 3:35:38,2 | 203 | 17 |
| 1012 | Funk, Marc-Alexander | M30 | Greifenstein | 3:36:16,4 | 209 | 18 |
| 516 | Németh, Norbert | M30 | Weilburg | 3:40:01,2 | 241 | 19 |
| 832 | Bergmans, Hartwig | M30 | Frankfurt/Main | 3:41:52,6 | 258 | 20 |
| 783 | Drechsler, Jörg | M30 | Groß-Umstadt | 3:42:31,4 | 266 | 21 |
| 66 | Messinger, Frank | M30 | Eppstein | 3:46:31,7 | 300 | 22 |
| 157 | Petri, Heiko | M30 | Wilnsdorf | 3:47:08,5 | 307 | 23 |
| 843 | Bär, Jan | M30 | Mengerskirchen | 3:49:28,5 | 331 | 24 |
| 855 | Schmidt, Andres | M30 | Mudershausen | 3:50:30,8 | 342 | 25 |
| 1056 | Pipperl, Stephan | M30 | Bad Homburg | 3:55:33,6 | 410 | 26 |
| 649 | Berkowicz, Lars | M30 | Linkenbach | 3:55:44,1 | 412 | 27 |
| 859 | Hoh, Andreas | M30 | Leverkusen | 4:07:48,0 | 515 | 28 |
| 54 | Hergett, Thomas | M30 | Neu-Anspach | 4:11:37,1 | 552 | 29 |
| 871 | Koehler, Mario | M30 | Bad Vilbel | 4:11:59,1 | 557 | 30 |
| 14 | Hofmann, Alex | M30 | Kelkheim-Fischbach | 4:17:27,6 | 582 | 31 |
| 378 | Müller, Rene | M30 | Usingen | 4:18:18,3 | 592 | 32 |
| 810 | Versch, Alexander | M30 | Eppertshausen | 4:21:36,8 | 605 | 33 |
| 136 | Dahl, Jochen | M30 | Bad Nauheim | 4:56:00,1 | 744 | 34 |